WHAT TO BRING *to the Beach*

FunOrangeCountyParks.com

Keep these items packed and ready-to-go. Then on beach days, apply sunscreen and prepare a picnic lunch.

IKEA BAG

- ◯ Sand toys (extra shovels)
- ◯ Picnic blanket
- ◯ Beach towels
- ◯ Beach umbrella

CAMP CHAIR

WEAR

- ◯ Sunscreen
- ◯ Flip-flops

BEACH LUNCH

- ◯ Sandwich or salad
- ◯ Apples, carrots, grapes
- ◯ Special "beach" snacks (Kettle Corn, Pop Chips)

THE BACKPACK

- ◯ Change of clothes, including undergarments
- ◯ Hats (adults & kids)
- ◯ Snacks
- ◯ Diaper change kit, bottles, breastfeeding accessories
- ◯ Baby wipes & antibacterial gel
- ◯ Pen & small notepad
- ◯ Band-Aid / First Aid kit
- ◯ Spare change
- ◯ Extra rubber band
- ◯ Gatorade or single-serving drink powder packets
- ◯ Wallet
- ◯ Phone / Camera
- ◯ Sunglasses
- ◯ Sunscreen / Chapstick
- ◯ 2 stainless steel water bottles